



# DISCIPLIN SKEMA

Uge nr.

[Redacted area for week number]

MANDAG

TIRSDAG

ONSDAG

TORS DAG

FREDAG

LØRDAG

SØNDAG

[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]
[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]	[Redacted]

**Belønning**

[Redacted area for reward]